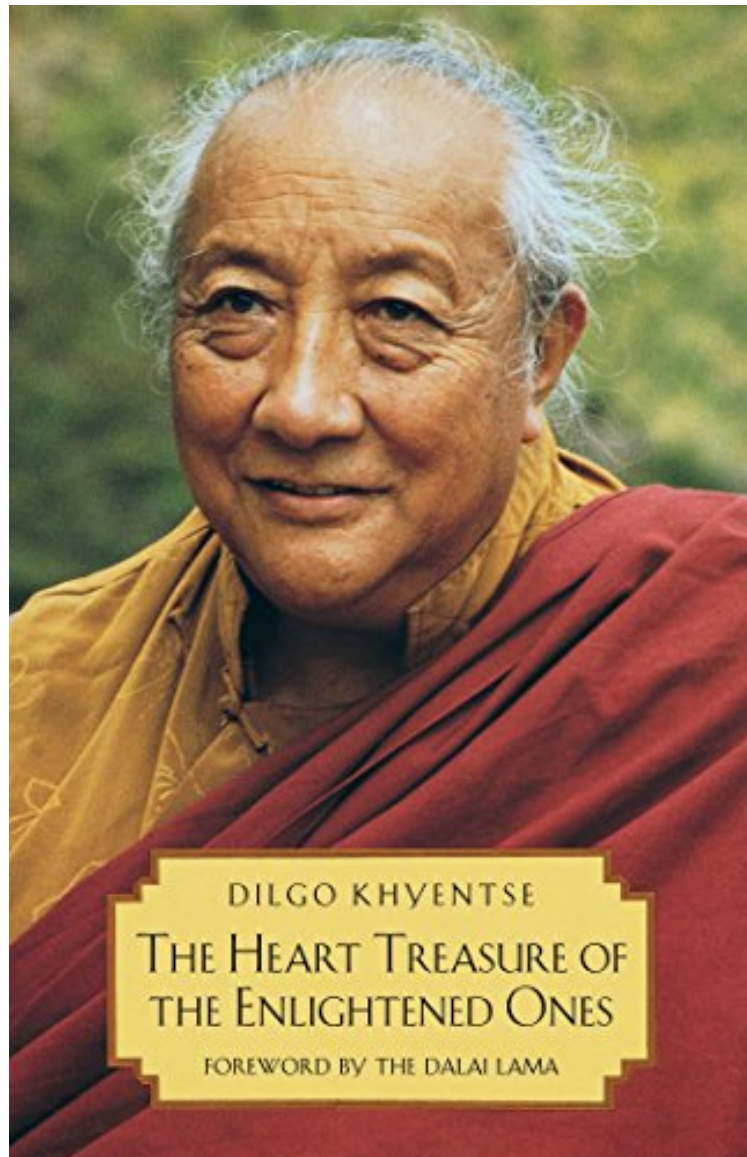


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The Heart Treasure of the Enlightened Ones: The Practice of View, Meditation, and Action

Von Dilgo Khyentse Rinpoche, Patrul Rinpoche
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Von Dilgo Khyentse Rinpoche, Patrul Rinpoche : The Heart Treasure of the Enlightened Ones: The Practice of View, Meditation, and Action before purchasing it in order to gage whether or not it would be worth my time, and all praised The Heart Treasure of the Enlightened Ones: The Practice of View, Meditation, and Action:

KundenrezensionenHilfreichste Kundenrezensionen2 von 2 Kunden fanden die folgende Rezension hilfreich. A truly excellent guide!Von A. L McnamaraAs a beginning practitioner of Tibetan Buddhism, I found this book to be an excellent guide to a simple, direct, yet profound practice. Dilgo Khyentse was one of the greatest masters of Tibetan Buddhism and these teachings given not long before his passing are wonderfully fresh, realistic and down to earth about the things one faces in everyday modern life.The practice it teaches is not difficult but it brings great peace and gives the reader practical ways to deal with the confusions and disappointments of modern life. Dilgo Khyentse was a teacher of His Holiness the 14th Dalai Lama, and there is no way to go wrong reading anything he has taught. Of all the books I have read on Tibetan Buddhism, this one is the most helpful and most delightful.2 von 2 Kunden fanden die folgende Rezension hilfreich. An excellent guide to Vajrayana practice in Tibetan buddhismVon Ein KundeThe Heart Treasure of the Enlightened Ones is an excellent guide for Vajrayana practice according to the traditions of Tibetan Buddhism. Dilgo Khyentse Rinpoche was one of the greatest Tibetan masters of this century. The translator and editor of this book, Matthieu Ricard, is one of the ablest translators today. I was fortunate to receive the teachings in this book as they were given by Khyentse Rinpoche in France in 1986. Under Ricard's expert editorship, I think they have lost none of their freshness and relevance for those curious to know more about Tibetan Buddhism, and also for experienced practitioners who wish to understand the view, meditation and conduct of Buddhism more deeply.0 von 0 Kunden fanden die folgende Rezension hilfreich. UnerlässlichVon Utterly DistractedOne of the most profound teachings I have ever received. Have lived with this book for ten years now and just had to have a copy for my Kindle so that I can have it every where I go.

KurzbeschreibungIn this book, two great Tibetan Buddhist masters of the nineteenth and twentieth centuries challenge us to critically examine our materialistic preoccupations and think carefully about how we want to spend the rest of our lives. At the same time, they provide practical guidance in following the Buddhist path, starting from the most basic motivation and culminating in the direct experience of reality beyond the reach of conceptual mind. The root text is a teaching in verse written in the nineteenth century by Patrul Rinpoche, one of the outstanding teachers of his day. In the accompanying commentary, Dilgo Khyentse Rinpoche (1910-1991) lineage holder of the Nyingma school and one of the great expounders of the Dharma in Europe and North America expands upon the text with his characteristic compassion and uncompromising thoroughness. Patrul Rinpoche's fresh and piercing verses combined with Khyentse Rinpoche's down-to-earth comments offer a concise yet complete examination of the Buddhist path.KurzbeschreibungIn this book, two great Tibetan Buddhist masters of the nineteenth and twentieth centuries challenge us to critically examine our materialistic preoccupations and think carefully about how we want to spend the rest of our lives. At the same time, they provide practical guidance in following the Buddhist path, starting from the most basic motivation and culminating in the direct experience of reality beyond the reach of conceptual mind. The root text is a teaching in verse written in the nineteenth century by Patrul Rinpoche, one of the outstanding teachers of his day. In the accompanying commentary, Dilgo Khyentse Rinpoche (1910-1991) lineage holder of the Nyingma school and one of the great expounders of the Dharma in Europe and North America expands upon the text with his characteristic compassion and uncompromising thoroughness. Patrul Rinpoche's fresh and piercing verses combined with Khyentse Rinpoche's down-to-earth comments offer a concise yet complete examination of the Buddhist path.Synopsis This meditation text belongs to the type of Buddhist literature known as "Shastra", a didactic commentary of the teachings of the Buddha. Divided into three sections, the work first deals with the suffering experienced by those immersed in a worldly life of attachment. The second section discusses solutions to this suffering, including various meditation practices. The third section shows how the results of these practices find expression in a daily life free from preoccupation with worldly affairs and in harmony with the teachings. In this edition this text is complemented by a modern commentary.